

## Your eyes are a window to overall health and wellness

Besides measuring your vision, routine eye exams are a simple, non-invasive tool that can help identify early signs of certain chronic health conditions, including high blood pressure, diabetes, heart disease and high cholesterol.<sup>1</sup>

And because early detection is key for treatment, regular eye examinations play a vital role in a healthy life.

### The importance of good vision care is clear to see at every age:

- 80% of learning in a child's first 12 years comes through the eyes. Up to 25% of school-age children may have vision problems that can affect learning.<sup>2</sup>
- 5.3 million U.S. adults have diabetic retinopathy, which is the number one cause of blindness in Americans 18 and older.<sup>3</sup> 50,000 people lose their sight each year even though half of all causes of blindness can be prevented with proper care.
- 2.7 million U.S. adults over 40 have glaucoma, which is a leading cause of blindness. And 24.4 million U.S. adults over age 40 have cataracts, which can result in double or blurred vision.

For benefit questions, contact the Customer Care Center by calling **1-866-723-0513**. Hours of live operation are Monday through Saturday from 6:30 a.m. to 10 p.m. CST and Sunday from 10 a.m. to 7 p.m. CST

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<sup>1</sup>American Academy of Ophthalmology, "Frequency of Ocular Examinations," 2009.

<sup>2</sup>Vision Council, February 2012 Parent for Child Report.

<sup>3</sup>Centers for Disease Control and Prevention, 2015

# Benefit plan questions...

## How do I use my vision benefit?

To access your vision benefit:

1. Locate an in-network provider of your choice by visiting [member.eyemedvisioncare.com/nedd/](https://member.eyemedvisioncare.com/nedd/) or calling the Customer Care Center at 1-866-723-0513.
2. Schedule an appointment. Many of our providers also offer walk-in appointments, in which case, an appointment is not necessary.
3. When you arrive, present your ID card **OR** simply give your name, address, and date of birth.
4. Your in-network provider will file claims on your behalf — so you don't have to worry about anything!

## Will I be able to choose any eyewear product available at an in-network provider location?

Yes! With DeltaVision®, you can apply your benefit toward any available frame or brand of contact lenses that fit your vision needs and lifestyle.

## Does DeltaVision® offer additional discounts beyond the benefit plan?

Yes! You will have the following additional savings with a funded vision benefit:

- 20% off any remaining frame balance above the frame allowance
- 40% off additional complete pairs of glasses
- 15% off any remaining conventional contact lens balance
- 20% off non-covered items, including non-prescription sunglasses, accessories and lens cleaner
- 15% off the standard price or 5% off any promotional price of LASIK or PRK services

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