



Even though they have fewer teeth – and none at all, for a while – babies require the same attention to oral health care as adults.



- Do** clean your baby's gums and teeth from birth.
- Do** take your child to the dentist by age 1 or six months after the first tooth comes in.
- Don't** wash a pacifier with your own mouth.
- Don't** give milk, juice or other sugary drinks at naptime or bedtime.